

FIND YOUR SIZE

Find your size using the following tables.

SIZE CONVERSION

POSEDESIGNS	XS	S	M	L	XL
ITALY	38	40	42	44	46
FRANCE	34	36	38	40	42
UK	6 - 8	8 - 10	10 - 12	12 - 14	14 - 16
USA	0 - 2	4	6	8 - 10	12 - 14

ONE SIZE - OS is a size number S until L

How to take right measurements

BUST

Measure the fullest part of your chest, from armpit to armpit at the widest point. Keep constantly the tape parallel to the floor. From an upper position lower your arms and ensure that tape isn't too snug. Take the measurement and check the closest one on the table.

WAIST

Measure the fullest part of your waist at the exact smallest part of your torso. Ensure that the tape isn't too tight in various positions and especially when sitting by keeping the tape on waist. Take your measurement. Check for the closest one on the table.

HIPS

Measure the fullest part of your hips at upright position keeping your feet together. For many people this is just over the bum. Note that the tape should be kept all the time parallel to the floor. Take your measurement. Check for the closest one on the table.

MEASUREMENT		XS	S	M	L	XL
BUST	in cm	82 - 85	87 - 89	91 - 93	95 - 97	99 - 102
	in inches	32.3 - 33.5	34.2 - 35.0	35.8 - 36.6	37.4 - 38.2	39.0 - 40.2
WAIST	in cm	64 - 67	69 - 71	73 - 75	77 - 79	81 - 84
	in inches	25.2 - 26.4	27.1 - 27.6	27.1 - 29.5	30.3 - 31.1	31.9 - 33.1
HIPS	in cm	90 - 93	95 - 97	99 - 101	103 - 105	107 - 110
	in inches	35.4 - 36.6	37.4 - 38.2	39.0 - 39.8	40.6 - 41.3	42.1 - 43.3

Please note, this is an approximate size conversion guide.

Conversions may vary from brand to brand and design.

For further information or advice on items, contact at shop@posedesigns.com